



PROGRAM POSSIBILITIES FOR TEAM- BUILDING

Authentic Communication

Do you say what you mean and mean what you say? Ever wish the rest of the world do the same? Maybe they think they are. We help you recognize reinforcing cues, rewards, and behaviors that get in the way of effective idea exchanges. Teach people to treat you the way you want to be treated through communicating authentically. Elements of communication that we may explore: active listening, learning and personality styles, nonverbal cues, systems.

OUTCOMES:

- Identify differences between behavior and intent
 - Increase understanding of self & others
 - Recognize assumptions and choices
 - Improve your message delivery
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Conscious Leadership

Change is a natural part of living, a natural part of any organization, family, or system. Leaders focus not on change, but rather how to effectively innovate and create opportunity as a result of anticipated changes. Leadership implies intentionality, directed toward some future end or condition that is desired or valued. Leaders are not necessarily those who merely hold formal “leadership” positions; on the contrary, all people are potential leaders - the most effective ones are “conscious leaders.”

OUTCOMES:

- Lead from the inside out – begin with self-awareness
 - Develop creative responses to problems
 - Explore leadership styles and theories
 - Coach, support & mentor others
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Service Excellence – Relationship Marketing

Excellent customer service, whether business-to-customer or business-to-business, boils down to developing meaningful relationships. Begin by actively paying attention to your customer's needs and wants, attentively listening, and learning to speak their language. If you don't understand your customer and their changing needs, how can you communicate the ways in which your product or service adds value to their lives? Start by defining what a healthy relationship looks like – one that leads to repeat business and lasting returns for both you and your customer.

OUTCOMES:

- Practice speaking the customer's language
 - Recognize mental models and ladders of Inference
 - Learn how to observe and listen to behavior
 - Transfer learning to all relationships
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Families as Teams

Families share many things . . . from toothpaste and the TV remote to how you spend your time, money, and energy – but do you share the same vision of the future? Many times we don't even realize we're working at cross-purposes, sabotaging each other's decisions and dreams. A healthy and successful team plans, works together, and ultimately reaches individual and collective goals. A greater understanding of family "team ness" starts with trust and leads to individual accountability, active problem-solving, and really working together.

OUTCOMES:

- Family experience creating shared language and memories
 - Improved understanding of others needs and actions
 - Create family vision to help build a healthier future
 - Identify non-negotiables and freedom
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Horses are Colorblind – are You?

Horses don't care if a person is Caucasian, black, or even purple – making them ideal diversity trainers. Acceptance of differences means more than the just the color of a person's skin, it's also about varying life experiences, culture, learning and personality styles. Celebrating diversity leads to more effective collaborative efforts, higher performing teams, and more productive joint initiatives.

OUTCOMES:

- Enhance relationship building skills
 - Recognition and definitions of similarities
 - Identify mental models and expectations
 - Develop action plans to overcome barriers to change
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Mindful Team Building

1 + 1 = 3

Instead of just adding to each others' ideas, mindful team members multiply their resources. Hunting for innovative solutions enhances team learning by building trust and a greater understanding self and others. Building productive, mindful teams is an on-going, long-term process; successful teams recognize the need to constantly adapt in order to facilitate change. For profound change is not a series of good ideas for how to do things better, but rather it is a series of steps that lead to something else!

OUTCOMES:

- Create a shared experience, language, and stories
 - Increase awareness, empathy, and understanding
 - Think creatively, challenging habits and beliefs
 - Unlock barriers that stop people from effectively working together
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Partnerships . . .

Coaches
Consultants
Corporate Trainers
Experiential Facilitators
Human Resource Personnel
Teachers & College Professors

Competition? How 'bout Collaboration! Chariot's unique experiential learning services can be molded to enhance existing programs and change initiatives. For example, the horse in the middle of the arena can put groups face-to-face with their "elephant" in the middle of the room. If you think we share the same values, let's talk about how we can share resources. Consider the possibilities . . . when you work with Chariot's team, we understand it is our responsibility to deal with the manure.

OUTCOMES:

- Model your beliefs and values
 - Join forces by sharing resources
 - Creatively help clients, students, employees
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Chariot Riders Inc. Ocean County
A therapeutic riding academy for everyone!

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Horse-Led Retreat for 'Burn-Out' Repair

Free Your Spirit As You Harness The Wisdom In The Spirit Of Horses

This is an opportunity to be among the horses in a natural setting, as you take time to reflect on your life away from the hustle and bustle of daily life. Guided imagery with horses, and time for reflection and music.

Seekers. If you are one, you know the value of the “journey,” as you look for the greater good, seeking purpose and meaning in your life. Get close and personal with horses and learn how their instinctual, natural, non-verbal cues can help you understand yourself and others.

OUTCOMES:

- Increased self-awareness
- Improved understanding of others
- Release from routine & mundane – rejuvenate!
- Identify healthy and unhealthy habits